



# INDIANA ULTIMATE

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Welcome to Indiana Ultimate! We are excited for our 21st season. At Indiana Ultimate, it's about more than just competitive cheer. Our goal is to not only help athletes become the best cheerleaders they can be, but to instill valuable life skills they can carry on into their adulthood. The desire each day is to teach our athletes the meaning of hard work, commitment, integrity, leadership, self-confidence, positive attitudes, all while falling in love with the sport of cheerleading.



SEASON

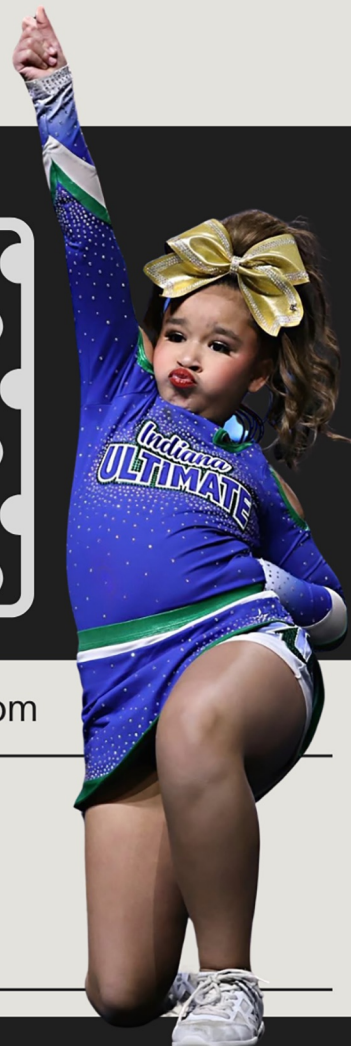
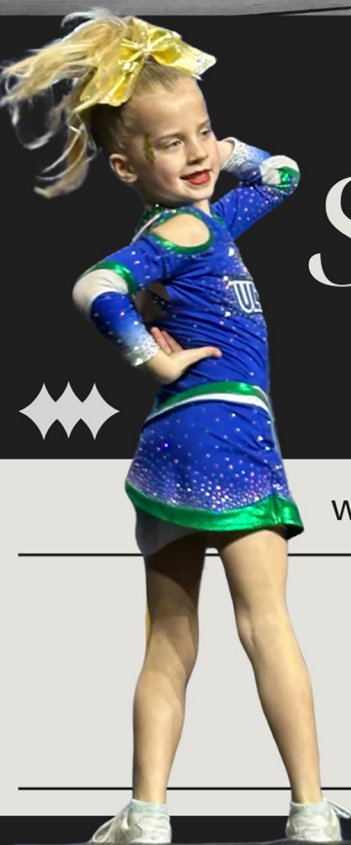
2026/27

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#IUWMB21♥



# Indiana Ultimate All-Star Parent Handbook 2026–2027

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## Welcome to Indiana Ultimate All-Star Cheer

Welcome to the Indiana Ultimate All-Star family.

All-Star Cheer is a competitive, high-commitment sport. Our program is built on consistency, accountability, and respect for the process. The expectations outlined in this handbook exist to give every athlete the best opportunity to succeed while protecting the integrity of the team and program.

By committing to Indiana Ultimate, families agree to a structured training environment, a demanding competition and practice schedule, and a team culture that values effort, discipline, and reliability.

This handbook serves as your guide for the season and explains financial commitments, attendance requirements, behavioral expectations, travel responsibilities, and communication procedures. By enrolling an athlete, parents and guardians agree to comply with all policies contained herein.

Indiana Ultimate reserves the right to update policies as needed. All changes will be communicated via email and SportsYou.

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## Financial Commitment

All-Star cheer is a full-season financial commitment. Monthly payments are installment payments toward a season-long base cost and are not dependent on attendance or participation.

### Monthly Installment Costs by Team Placement

Monthly installment amounts are determined by team placement and are billed over eleven (11) months.

- **Novice Athletes:** \$280 per month
- **Prep Tiny–Junior Athletes:** \$340 per month
- **Elite Tiny–Junior Athletes:** \$370 per month
- **Elite Senior Athletes:** \$400 per month

These installment amounts apply to an athlete's main team only and do not include additional required fees outlined below.

### Monthly Installments Include

- Team practices (2–3 per week depending on level)
- Choreography
- Music
- Regular-season competition registration
- Coaches' fees for regular-season competitions

## Monthly Installments Do Not Include

- Post-season competitions (Summit, Worlds, The One, US Finals, etc.) \*Reference Additional Fees Schedule
- Uniforms and practice wear \*Reference Additional Fees Schedule
- Camps, clinics, or specialty training (required and added throughout the season)
- Travel, hotels, or admission

## Base Cost of the Season

The base cost is the total of all 11 monthly installment payments for an athlete's main team. Regardless of when an athlete joins or leaves, the full base cost must be paid.

Families may elect to pay the base cost in full and receive a 5% discount on the main team only. Pay-in-full requests must be submitted by May 29<sup>th</sup>, 2026.

Siblings will receive a 10% discount off their main team's monthly installment of All-Star.

## Crossover Athletes

Crossover athletes pay the higher monthly installment plus an additional \$85 monthly crossover fee. Choreography, competition and coaching fees for crossover teams are billed separately. \*Reference Additional Fees Schedule

## Choreography

Choreography is a critical component of the competitive season and is mandatory for all athletes.

- Stunt/Pyramid Choreography will take place 6/16-6/19
- Routine Choreography will take place mid-late August
- Attendance at all scheduled choreography sessions is required
- Missing choreography may result in additional private lessons at the family's expense, role changes, or removal from the routine

Once choreography has begun, athletes who withdraw from the program will be assessed a quitter's fee per team unless medically excused with proper documentation.

## Super Camp

Super Camp is a training event required for all Elite and Worlds team athletes and is a vital part of Indiana Ultimate's competitive preparation.

- Super Camp dates and times are announced prior to the season
- Attendance is mandatory for all assigned athletes
- Additional fees apply and are billed separately \*Reference Additional Fees Schedule
- Novice and Prep Super Camp expectations will be communicated if applicable

Failure to attend Super Camp without prior approval may affect team placement or participation.

## Additional Required Fees

Additional fees may include gym membership, USASF membership, Super Camp, uniforms, practice wear, choreographed flyer classes, Worlds/Summit apparel, and end-of-season competition fees.

## Autopay & Late Fees

All families must keep a valid credit card on file. Statements are emailed on the 25th, and cards are processed on the 1st.

Late or declined payments may result in fees and temporary removal from practices or competitions until accounts are current. **Late fee is \$25 and decline fee is \$35.**

## No Refunds & Withdrawal Policy

No refunds are issued for any fees or payments. Athletes who withdraw after choreography begins will be assessed a \$500 quitters fee per team unless medically excused with valid documentation.

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## **Athlete & Parent Conduct**

Indiana Ultimate maintains a culture of respect, professionalism, and accountability.

### Chain of Command

Concerns must be addressed in the following order:

1. Athlete's Coach
2. All-Star Director
3. Gym Owner

### Athlete Expectations

Athletes are expected to be respectful, coachable, and supportive teammates. All team roles and placements are determined by coaching staff. \*Reference Code of Conduct

### Parent Expectations

Parents must display good sportsmanship, avoid gossip, refrain from confronting officials, and allow coaches to coach without interference. **Threats to quit, ultimatums**, or attempts to influence decisions may result in immediate dismissal. \*Reference Code of Conduct

### Social Media & Online Presence

- Parents and athletes are expected to use SportsYou and social media responsibly and respectfully
- Inappropriate posts, comments, messages, videos, or images—whether public or private—are strictly prohibited
- This includes content that is disrespectful, bullying, threatening, discriminatory, sexually inappropriate, or damaging to Indiana Ultimate, its athletes, staff, or affiliates
- Athletes may be held accountable for online behavior even if it occurs outside of gym hours or off-site

Indiana Ultimate reserves the right to request removal of content and to impose disciplinary action based on social media activity that violates team standards.

\*Reference Code of Conduct

## Attendance & Commitment

Attendance is critical to team success. Athletes are expected to attend all practices, choreography sessions, competitions, and required events.

### Absences

An absence is any missed practice, regardless of reason. Each athlete is allowed six total absences per team beginning September 1 through the end of the season.

Illness or injury with a physician's note may count as one absence. Athletes who are ill but not actively vomiting or feverish are expected to attend and observe practice. Absences without a doctor's note stating athletes were seen in office will NOT be excused.

### Planned Absences & Vacations

Planned absences must be submitted using the official Absence Form available at the front desk and on the website. This allows our coaching staff to plan accordingly.

### Finable Attendance Zones & Costs

#### **Training Zone (June 1 – August 31)**

Athletes may miss up to three (3) practices per team before fines apply.

- Each additional absence: **\$20 per practice**
- August 9 absence: **\$100**

#### **Yellow Zone (Sept 1 – October 31)**

Athletes may miss up to two (2) practices per team before fines apply.

- Each additional absence: **\$30 per practice**

#### **Red Zone (Two weeks prior to any competition & our Showcase)**

No practice may be missed.

- 1st absence: **\$50**
- 2nd absence: **\$60**
- 3rd and subsequent absences: **\$75 each**
- Missing competition: **\$300**
- November 29 absence: **\$100**
- January 3 absence: **\$100**

#### **All-In April (End-of-Season Championship Preparation)**

No absences are encouraged.

- Each absence: **\$75**
- April 11 absences: **\$150**

Fines are processed to the card on file within 24–72 hours. Continued absences may result in role changes, removal from competitions, or dismissal from the program.

If your athlete is absent due to illness during a fineable zone you MUST email: [indianaultimatebilling@gmail.com](mailto:indianaultimatebilling@gmail.com) a copy of a doctor's note stating the athlete was seen in office.

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## Practices, Competitions & Travel

### Practice Protocol

Phones must be turned in. No food or gum is allowed on the floor. Drinks must be in closed containers.

### Practice & Competition Dress Code

Athletes must follow assigned attire schedules and competition appearance standards, including hair, makeup, jewelry, and uniform requirements.

### Competition Attendance

All athletes are required to attend competitions. Missing a competition requires prior notice and does not result in refunds. \*See fineable zones

### Travel

Families are responsible for travel arrangements and must comply with event housing requirements.

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## Tryouts & Team Placement

Teams are formed based first on age eligibility, then skill level and then team needs. Block practices are used to evaluate athletes in group settings.

Team placements are announced at the Ultimate Reveal (Drive Thru). Families must wait 24 – 48 hours before contacting staff with placement questions.

- Tryouts: May 15 – 17
- Block Practices: May 18 – 22
- Drive Thru: May 23
- First Practice: June 1

**Parent meetings will be held after placements. Attendance is required.**

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## Worlds Team Addendum

Placement on a Worlds-eligible team requires a significantly higher level of commitment from both athletes and families.

### Worlds Team Expectations

- Mandatory athlete and parent meeting at the start of the season
- Priority attendance during all finable zones
- Increased training intensity and potential additional practices
- Mandatory participation in Worlds-related camps, choreography sessions, and competitions

Failure to meet Worlds team expectations may result in role changes, reassignment, or removal from the Worlds team at the discretion of the coaching staff. \*Reference Worlds Team Acknowledgement Form

## **Important Contacts**

Billing & Accounts: [indianultimatebilling@gmail.com](mailto:indianultimatebilling@gmail.com)

Competition & Program Questions: [indianultimatestrong@gmail.com](mailto:indianultimatestrong@gmail.com)

Booster Club: [iupbc2022@gmail.com](mailto:iupbc2022@gmail.com)

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## **Season Closings & Breaks**

Indiana Ultimate will be closed or operating on an adjusted schedule during the following dates:

- Pre-Season Reboot: May 4–10, 2026
- Memorial Day: May 22–25, 2026
- Independence Day: July 1–5, 2026
- Fall Break: July 31 – August 8, 2026
- Labor Day: September 4-7, 2026
- Thanksgiving: November 25–28, 2026
- Christmas & New Year: December 18, 2026 – January 2, 2027
- Spring Break: April 2-10, 2027
- Worlds & Summit: April 22 – May 2, 2027
- Pre-Season Reboot 2027: May 3-9, 2027

Additional closures or schedule changes will be communicated via email and SportsYou.

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## **Parent Acknowledgment**

By enrolling as an athlete at Indiana Ultimate All-Star Cheer, parents and guardians acknowledge they have read, understand, and agree to all policies in this handbook. Participation is a privilege and may be revoked if policies are not followed.