



INDIANA ULTIMATE

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Welcome to Indiana Ultimate! We are excited for our 21st season. At Indiana Ultimate, it's about more than just competitive cheer. Our goal is to not only help athletes become the best cheerleaders they can be, but to instill valuable life skills they can carry on into their adulthood. The desire each day is to teach our athletes the meaning of hard work, commitment, integrity, leadership, self-confidence, positive attitudes, all while falling in love with the sport of cheerleading.

SEASON

2026/27

21

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indianaultimatestrong@gmail.com

#IUVWMB21♥

Indiana Ultimate Half Season All-Star Parent Handbook 2026–2027

Welcome to Indiana Ultimate All-Star Cheer

Welcome to the Indiana Ultimate All-Star family.

All-Star Cheer is a competitive, high-commitment sport. Our program is built on consistency, accountability, and respect for the process. The expectations outlined in this handbook exist to give every athlete the best opportunity to succeed while protecting the integrity of the team and program.

By committing to Indiana Ultimate, families agree to a structured training environment, a demanding competition and practice schedule, and a team culture that values effort, discipline, and reliability.

This handbook serves as your guide for the season and explains financial commitments, attendance requirements, behavioral expectations, travel responsibilities, and communication procedures. By enrolling an athlete, parents and guardians agree to comply with all policies contained herein.

Indiana Ultimate reserves the right to update policies as needed. All changes will be communicated via email and SportsYou.

Financial Commitment

All-Star cheer is a full-season financial commitment. Monthly payments are installment payments toward a season-long base cost and are not dependent on attendance or participation.

Monthly Installment Cost

Monthly installment amount is billed over eight (8) months.

- **Prep Tiny–Junior Athletes:** \$340 per month

These installment amounts apply to an athlete's main team only and do not include additional required fees outlined below.

Monthly Installments Include

- Team practices (Twice per week)
- Choreography
- Music
- Regular-season competition registration
- Coaches' fees for regular-season competitions

Monthly Installments Do Not Include

- Post-season competitions (Summit, Worlds, The One, US Finals, etc.) *Reference Additional Fees Schedule
- Uniforms and practice wear *Reference Additional Fees Schedule
- Camps, clinics, or specialty training (required and added throughout the season)
- Travel, hotels, or admission

Base Cost of the Season

The base cost is the total of all 8 monthly installment payments for an athlete's main team. Regardless of when an athlete joins or leaves, the full base cost must be paid.

Families may elect to pay the base cost in full however there is no discount for doing this.

Siblings will receive a 10% discount off their main team's monthly installment of All-Star.

Additional Required Fees

Additional fees may include gym membership, USASF membership, uniforms, practice wear and end-of-season competition fees.

Autopay & Late Fees

All families must keep a valid credit card on file. Statements are emailed on the 25th, and cards are processed on the 1st.

Late or declined payments may result in fees and temporary removal from practices or competitions until accounts are current. **Late fee is \$25 and decline fee is \$35.**

No Refunds & Withdrawal Policy

No refunds are issued for any fees or payments. Athletes who withdraw after choreography begins will be assessed a \$500 quitters fee per team unless medically excused with valid documentation.

Athlete & Parent Conduct

Indiana Ultimate maintains a culture of respect, professionalism, and accountability.

Chain of Command

Concerns must be addressed in the following order:

1. Athlete's Coach
2. All-Star Director
3. Gym Owner

Athlete Expectations

Athletes are expected to be respectful, coachable, and supportive teammates. All team roles and placements are determined by coaching staff. *Reference Code of Conduct

Parent Expectations

Parents must display good sportsmanship, avoid gossip, refrain from confronting officials, and allow coaches to coach without interference. **Threats to quit, ultimatums**, or attempts to influence decisions may result in immediate dismissal. *Reference Code of Conduct

Social Media & Online Presence

- Parents and athletes are expected to use SportsYou and social media responsibly and respectfully
- Inappropriate posts, comments, messages, videos, or images—whether public or private—are strictly prohibited
- This includes content that is disrespectful, bullying, threatening, discriminatory, sexually inappropriate, or damaging to Indiana Ultimate, its athletes, staff, or affiliates
- Athletes may be held accountable for online behavior even if it occurs outside of gym hours or off-site

Indiana Ultimate reserves the right to request removal of content and to impose disciplinary action based on social media activity that violates team standards.

*Reference Code of Conduct

Attendance & Commitment

Attendance is critical to team success. Athletes are expected to attend all practices, choreography sessions, competitions, and required events.

Absences

An absence is any missed practice, regardless of reason. Each athlete is allowed six total absences per team beginning September 1 through the end of the season.

Illness or injury with a physician's note may count as one absence. Athletes who are ill but not actively vomiting or feverish are expected to attend and observe practice. Absences without a doctor's note stating athletes were seen in office will NOT be excused.

Planned Absences & Vacations

Planned absences must be submitted using the official Absence Form available at the front desk and on the website. This allows our coaching staff to plan accordingly.

Finable Attendance Zones & Costs

Yellow Zone (Sept 1 – October 31)

Athletes may miss up to two (2) practices per team before fines apply.

- Each additional absence: **\$30 per practice**

Red Zone (Two weeks prior to any competition & our Showcase)

No practice may be missed.

- 1st absence: **\$50**
- 2nd absence: **\$60**
- 3rd and subsequent absences: **\$75 each**
- Missing competition: **\$300**
- November 29 absence: **\$100**
- January 3 absence: **\$100**

All-In April (End-of-Season Championship Preparation)

No absences are encouraged.

- Each absence: **\$75**
- April 11 absences: **\$150**

Fines are processed to the card on file within 24–72 hours. Continued absences may result in role changes, removal from competitions, or dismissal from the program.

If your athlete is absent due to illness during a fineable zone you **MUST** email: indianaultimatebilling@gmail.com a copy of a doctor's note stating the athlete was seen in office.

Practices, Competitions & Travel

Practice Protocol

Phones must be turned in. No food or gum is allowed on the floor. Drinks must be in closed containers.

Practice & Competition Dress Code

Athletes must follow assigned attire schedules and competition appearance standards, including hair, makeup, jewelry, and uniform requirements.

Competition Attendance

All athletes are required to attend competitions. Missing a competition requires prior notice and does not result in refunds. *See fineable zones

Travel

Families are responsible for travel arrangements and must comply with event housing requirements.

Important Contacts

Billing & Accounts: indianaultimatebilling@gmail.com

Competition & Program Questions: indianaultimatestrong@gmail.com

Booster Club: iupbc2022@gmail.com

Season Closings & Breaks

Indiana Ultimate will be closed or operating on an adjusted schedule during the following dates:

- Labor Day: September 4-7, 2026
- Thanksgiving: November 25–28, 2026
- Christmas & New Year: December 18, 2026 – January 2, 2027
- Spring Break: April 2-10, 2027
- Worlds & Summit: April 22 – May 2, 2027
- Pre-Season Reboot 2027: May 3-9, 2027

Additional closures or schedule changes will be communicated via email and SportsYou.

Parent Acknowledgment

By enrolling as an athlete at Indiana Ultimate All-Star Cheer, parents and guardians acknowledge they have read, understand, and agree to all policies in this handbook. Participation is a privilege and may be revoked if policies are not followed.